

Sibling Preparation Class

What is it?

A fun and informational 1 ½ hour class, helping children transition into the role of big brother or big sister. (Children 3 and up)

What topics are covered?

- A simple overview of labor and delivery from a child's perspective.
- What to expect when baby arrives.
- What to expect when baby comes home.
- Child's role as big brother of sister; holding, diapering, and feeding
- Mini tour of labor and delivery floor and nursery

When and Where?

The classes are offered once a month on Saturday morning from 10:00 – 11:30

St. David's Women's Center of Texas
Austin Area OBGYN
12200 Renfert Way, Suite 100
Austin, TX 78758
We will meet in the lobby on the 1st floor

What to bring?

- Your child's favorite doll or teddy bear
- Camera

Cost?

\$25.00 per child, \$10.00 each additional child

***Snacks and juice will be provided for children**

For more information,
contact Brandy Bryant (512) 997-8087 or brandyb.aobgyn.com

Detach and mail lower portion with check made payable to Brandy Bryant.
Mail to: Austin Area OBGYN, 12200 Renfert Way, Suite 100, Austin, TX 78758
ATTN: Brandy Bryant

Parents Name _____
Childs Name _____ Childs Age _____
Physician's Name _____

Please check the appropriate date attending:

- | | |
|--|---|
| <input type="checkbox"/> December 19, 2009 | <input type="checkbox"/> March 20, 2010 |
| <input type="checkbox"/> January 23, 2010 | <input type="checkbox"/> April 24, 2010 |
| <input type="checkbox"/> February 20, 2010 | <input type="checkbox"/> May 22, 2010 |